

1. If using butter, place in mug and melt in microwave – 15-20 seconds

- 2. Add all the other ingredients and thoroughly mix with a fork
- 3. At this point, get creative. Add chocolate chips, fresh or dried fruit, Maltesers, chunks of marzipan etc. and mix in. you could also dollop some jam or squirt some syrup in the middle (don't mix these in).
- 4. Microwave on full for one minute in the mug.
- 5. Allow to cool a little before eating.

Be particularly careful if you've used jam or syrup as these get very hot.

No Microwave? No problem! Bake in a double paper muffin case in the oven for 10-12 minutes, or boil in a heatproof bowl or cup made from a piece of foil, also for 10-12 minutes.

amazingly wonderful / slightly disappointing Mug cake recipe!

Ingredients:

**TEA together** 

Method:

<u>Jesus called them</u> (Mary's version!)

Jesus called them one by one, Peter, Andrew, James and John, Next, came Philip, Thomas too, Matthew and Bartholomew.

1 LOOK UP Matthew 4:18-22

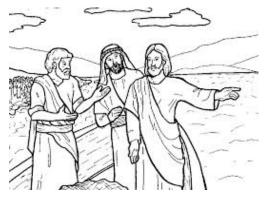
## Chorus-

Yes, Jesus loved them, Yes, Jesus loved them, Yes, Jesus loved them, He called them one by one.

James the one they called the less, Simon, also Thaddeus, Twelfth apostle Judas made, Jesus was by him betrayed.

## Repeat Chorus.

Matthias then took Judas' place, To preach to men of every race, Paul three preaching trips did make, And went to Rome for Jesus' sake.



Look up
Who am 1?
I am a loving, playing, playing, making,
dreaming, wonderful child of God!
Mel's example: I am an animal loving, guitar playing, mess making, Junior Church shaking, fair world dreaming, wonderful child of God!

## Mug shots of me when I ... (examples: play football, play on the computer, eat Brussel sprouts)

